

The City of Palos Heights supports 2019 APRIL FOOD DAY



FROM **MARCH 18 – APRIL 18**, THE CITY OF PALOS HEIGHTS WILL BE COLLECTING FOOD AND HOUSEHOLD DONATIONS TO SUPPORT **APRIL FOOD DAY**

Presented by: THE UNITED WAY OF METRO CHICAGO South-Southwest Suburban Region

FOOD & HOUSEHOLD DONATIONS CAN BE DROPPED OFF AT CITY HALL

March 18-April 18

Monday-Friday 8:30a.m. to 5:00p.m.

APRIL FOOD DAY is an event to promote awareness of food pantries. All items collected will be distributed to 10 food pantries and shelters throughout the Chicago Southland. Visit LIVEUNITEDchicago.org/AprilFoodDay to learn more.

What can I Donate?

(unopened, non-expired cans and boxes, no glass please)

- 100% Fruit & Vegetable Juice
- Bagged Rice and Beans (canned and dry)
- Canned Fruits & Vegetables
- Cereal, Oatmeal, Granola Bars
- Chips, Cookies, and/or Crackers
- Canned Meats and Stews
- Peanut Butter & Jelly
- Infant Supplies (baby food, formula, diapers)
- Laundry Detergent
- Toiletries (soap, shampoo, conditioner, deodorant, toothpaste, feminine products)